



San Diego Transit IBEW Local 465
HEALTH & WELFARE SECURITY FUND

Smoking Cessation Reimbursement Form

Are you ready to stop smoking? Start your Route to Wellness today by taking the first step towards a smoke-free lifestyle. As an MTS Bus 465 participant, you and your eligible dependents may be reimbursed from the Trust Fund for the cost of smoking cessation products or hypnosis. The Trust Fund will reimburse up to \$150 for qualifying smoking cessation product(s) (e.g., Nicorette, Nicoderm, drug therapy, etc.) and/or attending qualifying counseling or hypnosis session(s). See the reverse side of this form for complete rules and details.

How to Qualify for Reimbursement

1. Purchase a smoking cessation product and/or a qualifying counseling/hypnosis session between March 1, 2018 and February 28, 2019.
2. Complete this form, attach proof of a qualifying purchase, and return it to the Trust Fund Administrator on or before March 31, 2019.

-----Section to be completed by Employee -----

IBEW 465 Reimbursement Amount: _____

Product Details _____

Dependent Name (If applicable) _____

Employee Name _____ Employee ID# _____

I certify that the product and/or counseling for which I am requesting reimbursement is for my exclusive use and the request complies with all reimbursement program Rules, Terms and Conditions on the reverse side of this form.

Employee Signature _____ Date _____

Trust Fund Wellness Coordinator _____	Date _____
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Resources:

- American Cancer Society – [Guide to Quitting Smoking](#)
- National Cancer Institute – smokefree.gov
- California Smoker Helpline – nobutts.org

Rules, Terms and Conditions:

- Employee and/or eligible dependent(s) must be enrolled in health insurance through the Trust Fund (Kaiser) to qualify for reimbursement.
- Employee must be actively employed when the reimbursement from the Trust Fund is processed to qualify.
- Maximum reimbursement amount from the Trust Fund is \$150 per eligible individual.
- Counseling and/or hypnotherapy sessions must be administered by a licensed professional. Examples of approved professionals include, but are not limited to, Certified Clinical Hypnotherapist and National Certified Addiction Counselor.
- Prescription drugs must be prescribed for the individual requesting reimbursement from the Trust Fund.
- Trust Fund will only reimburse actual costs. For example, if health insurance pays for a portion of a smoking cessation aid, the employee is only eligible for reimbursement of the remaining cost (e.g., copay).
- Requests must be accompanied by proof of qualifying purchase (e.g., receipt and certificate of completion for qualifying smoking cessation program). Please do not submit medical or otherwise confidential information along with your reimbursement request.
- All forms must be submitted on or before March 31, 2019.
- Reimbursements are made directly from the Trust Fund. Reimbursements will be processed as quickly as possible and reimbursement checks will be distributed to employee.
- Please note, any monies received by you through the wellness program are taxable. If you have any questions, you should consult your tax advisor.

Examples of qualifying products / therapy:

- Hypnosis
- Addiction counseling
- Nicotine replacement (patch, gum, lozenges)
- Chantix or other prescription medication must be prescribed - for the purpose of treating the program participant's nicotine use/addiction

Examples of products/services that DO NOT qualify:

- E-cigarettes and related products
- Tobacco-based products (e.g., snuff, smokeless tobacco)

Employees with questions about programs not specifically approved on this form should contact the Trust Fund Administrator at 619-BENEFIT (619-236-3348) before making a purchase.